



LEEA Approved Lifting & Rigging Course

The LEEA Approved Lifting & Rigging Course is an internationally recognised training program designed to provide personnel with the knowledge and practical skills required to perform safe lifting operations.

This course introduces participants to the principles of lifting and rigging, equipment selection, hazard awareness, and safe work practices in accordance with international lifting standards. The program combines theoretical knowledge with hands-on practical training to ensure participants understand safe lifting procedures and regulatory compliance requirements.

Successful completion of the course confirms that participants have gained the essential competency required to safely participate in lifting operations across various industries.

Course Syllabus

The LEEA training curriculum includes:

Day 1 – Fundamentals & Safety

- Introduction to Lifting Operations
- Roles & Responsibilities
- Legal Requirements & Standards (LEEA Guidelines)
- Types of Lifting Equipment & Accessories
- Inspection and Maintenance Practices
- Hazard Identification & Risk Assessment

Day 2 – Practical Application

- Rigging Techniques and Load Handling
- Slinging Methods (Chains, Wire Ropes, Web Slings)
- Load Weight Estimation & Center of Gravity
- Lifting Plans & Safe Systems of Work
- Communication & Signalling Techniques
- Practical Demonstration & Assessment

**Training
Methodology**



**Instructor-led classroom sessions /
Practical demonstrations**

Duration

Type	Training Time	Training Duration
Classroom / Practical	Full Day	2 Days (Theory + Practical Training)

Course Assessment

Assessment Type	Method
Theory Assessment	Written / Online Test
Practical Assessment	Observation-based Practical Evaluation
<i>* Participants who achieve at least 80% in both theory and practical assessments will receive a LEEA Approved Lifting & Rigging Course Certificate.</i>	

Prerequisites

- No formal prerequisites required
- Suitable for individuals working in or planning to work in lifting operations, construction, oil & gas, or manufacturing industries

Training Methodology

- Instructor-led classroom sessions
- Practical demonstrations using lifting equipment
- Hands-on rigging exercises
- Real-world lifting scenario discussions
- Competency-based final assessment

Target Audience

This course is ideal for:

Riggers and Slingers | Lifting Supervisors / Lift Planners | Crane Operators | Banksmen & Signalmen | Maintenance & Operations Personnel | Safety Officers and Engineers

Course Benefits

- Provides strong foundational knowledge in lifting and rigging safety
- Enhances understanding of safe lifting techniques and equipment selection
- Improves hazard awareness and risk control practices
- Builds confidence in planning and executing lifting operations
- Strengthens communication and coordination during lifting activities
- Helps organisations comply with international lifting safety standards
- Reduces lifting-related workplace incidents
- Recognised globally across multiple industries

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